

Step #2: Progress in Reaching LSWP Goals Template

(make a copy for your own use)

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></p>			
<p>1. Nutrition Education Goal(s)</p> <p>All meals are prepared according to guidelines from State and Federal levels.</p>	Yes	<p>Student meals were prepared and documented in accordance with guidelines from the State and Federal levels.</p>	<p>A weekly menu can be found on the homepage of the district website:</p> <p>https://www.wahooschools.org/</p>
<p>2. Physical Activity Goal(s)</p> <p>Provide time and opportunities for students to participate in physical activities through schedules, curriculum, and extra curricular activities.</p>	Yes	<ul style="list-style-type: none"> - Head Start students have recess on a daily basis. - K-5 students have recess and Walking Club daily, along with PE time each week (identified as specials on the schedule). - 6-8 students have required PE classes and extracurricular activities available. - 9-12 students have a PE requirement for graduation, daily weightroom activities outside of the school day, and extracurricular activities available. 	<p>Attachments for class schedules at the elementary, middle school and high school found in the folder.</p>

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<p>3. Other student wellness Goal(s)</p> <p>Provide mental health supports in our buildings during the school day</p>	<p>Yes</p>	<ul style="list-style-type: none"> - The district contracts with Family Services out of Lincoln for LMHP time. - The district contracts with ESU #2 for additional LMHP time. - The district utilizes SAEBRS and Panorama tools to identify at-risk students. - The counselors within the district instruct lessons to develop skills and mechanisms to identify and improve mental health concerns. 	

[To return to the overview document, click this link](#), Questions, contact: jessie.coffey@nebraska.gov